

Déjeuners sociologiques
UNIGE - 7 March 2024



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Health Lifestyles and Technology Use across the Early Life Course

Lecture by Prof. Stefanie Möllborn

Use of mobile digital technologies has emerged as an important new health behavior among children and youth. Approaching technology use through health lifestyles theory and the life-course perspective allows it to be embedded in an interconnected set of other health behaviors and undergirded by parent and child identities, social groups, and earlier experiences.

During this session of the “Déjeuners sociologiques” of the University of Geneva, **Stefanie Möllborn presents a variety of results from her research team’s quantitative and qualitative studies of US children and young adults.** These findings examine:

- the embeddedness of technology use with other health behaviors
- life course influences on young adults’ technology use
- how technology use fits into class-privileged parenting around health lifestyles
- ways in which the COVID-19 pandemic shaped technology use, parenting, and parent-teen conflict.

Stefanie Möllborn is Professor of Sociology at Stockholm University in Sweden. She is also affiliated with the Institute of Behavioral Science at the University of Colorado Boulder in the USA.

Venue

7 March 2024
12:30 - 13:30
Uni-Mail (UNIGE)
Room M4020

No registration needed

The full programme of the “Déjeuners sociologiques” of the Department of sociology (UNIGE) is available [online](#).

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